



Mary's Notebook

July 2008

www.legionofmarytidewater.com

Issue 26

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Richmond Curia Retreat

The Richmond Curia will be holding a retreat November 21st and 22nd of this year. To reserve space, contact Ronnie Lauderdale at straphael44@yahoo.com. A flyer with full information about the retreat is located on page 8 of Mary's Notebook.

Prayers Needed

Prayer is, among other things, a school for hope. In a sense, even when no one listens to a person's needs, God still listens. If you or someone you care about are in need of prayers, e-mail webmaster@legionofmarytidewater.com - we'll add you to our prayer list. [CC p.2]

Please Join the National Rosary Crusade

In the June 12-18 issue of the Arlington Catholic Herald there was a full-page advertisement on an effort to organize a National Rosary Crusade. Individuals are asked to pray a Rosary a day to the Immaculate Heart of Mary in reparation for my sins and the sins of America. Those already praying the Rosary daily need only add the intentions of the National Rosary Crusade to that Rosary. [CC p.7]

Divine Mysteries: Christian Democracy

Taken From GRAVES DE COMMUNI RE, ENCYCLICAL OF POPE LEO XIII ON CHRISTIAN DEMOCRACY

The grave discussions on economical questions which for same time past have disturbed the peace of several countries of the world are growing in frequency and intensity to such a degree that the minds of thoughtful men are filled, and rightly so, with worry and alarm. These discussions take their rise in the bad philosophical and ethical teaching which is now widespread among the people. The changes, also, which the mechanical inventions of the age have introduced, the rapidity of communication between places, and the devices of every kind for diminishing labor and increasing gain, all add bitterness to the strife; and, lastly, matters have been brought to such a pass by the struggle between capital and labor, fomented as it is by professional agitators, that the countries where these disturbances most frequently occur find themselves confronted with ruin and disaster. [CC p.4]

News and Events

Mount Zion Retreat

The Mount Zion Retreat will be held 17 - 19 Oct 2008. This message is a reminder for those interested in attending:

1. A deposit of \$25 is due by 15 July 2008.
2. The cost for full weekend is \$160, for commuter weekend is \$110, and for Saturday Only is \$65. HOWEVER a \$10 discount is available for those who pay in full by 30 JUNE 2008. This means the cost for full weekend will be \$150, \$100 for commuter weekend, and \$55 for Saturday only.

Please mail the reservation form and payment to:

Trudy Carder
Arlington Regia, Legion of Mary
820 Gibbon St., #203
Alexandria, VA 22314

If you need a form, please contact
webmaster@legionofmarytidewater.com

Please Pray For:

Please pray for Cora Aquino, Secretary of Baltimore Comitium, who was in an auto accident. She suffered facial cuts and chest injuries. Her sister visiting from the Phillippiines is in Shock Trauma with a fractured C2 vertebrae, and is wearing a

cervical collar. Aquino's sister also has a suspected brain tumor.

Rolly Velasco, the President of the Los Angeles Senatus, and his family. His youngest daughter was diagnosed with stomach and ovarian cancer this week and it has spread. It was requested that, since we are close to Alfie Lambe's birthday anniversary (June 24th) – to please use his prayer card.

Please join in the Pope's Prayer Intentions

Pope Benedict's general prayer intention for July is: "That there may be an increase in the number of those who, as volunteers, offer their services to the Christian community with generous and prompt availability".

His mission intention is: "That the World Youth Day held in Sydney, Australia, may awaken the fire of divine love in young people and make them sowers of hope for a new humanity".

Trip to Mexico

The Houston Senatus, with a team of almost 20 legionaries conducted a PPC in Mexico from 21 - 29 June. They will drove over 30 hours to reach their destination, then 30 hours back.

Handbook Study

Forms, Handouts, and Organization

A heading in a chapter on the Scheme of the Legion of Mary is entitled, “An Intensely Ordered System.” That section starts, “Unharnessed, the great natural sources of power run to waste. Likewise zeal unsystematised, enthusiasm undirected, never bring large results, interior or exterior, and seldom are durable.” Indeed, one of the great advantages of the Legion of Mary is that its members do not need to re-invent the wheel every time an action must be taken. Below are a links to many commonly used forms, thanks to the Arlington Regia. For praesidia and councils that are not under the Arlington Regia, please make sure your own council does not have a required form to use before using one of these. Note: all forms can be found online at: <http://www.arlingtonregia.com>.

Regia Forms

[Council Visitation Form](#)

[Praesidium Visitation Form](#)

[Reimbursement Request Form](#)

[Pilgrim Virgin Prayers](#)

[Novena to the Holy Spirit](#)

[Audit Form for a Council](#)

[Audit Form for a Praesidium](#)

[Audit Guidelines for a Praesidium](#)

[Audit Guidelines for a Council](#)

[Vice President's Book](#)

Extension Forms

[20 Suggestions for the Organization of a New Legion of Mary Praesidium](#)

[Legion of Mary Active Membership Sheet](#)

[Blank Legion of Mary Active Praetorian Sheet](#)

[Blank Legion of Mary Active Probationary Sheet](#)

[Legion of Mary Attendance Sheet](#)

[Legion of Mary Auxiliary Adjutorian Sheet](#)

[Legion of Mary Auxiliary Sheet](#)

[Legion of Mary Auxiliary Probationary Sheet](#)

[Legion of Mary Extension Kit List](#)

[Legion of Mary Meeting Agenda](#)

[Legion of Mary President's Worksheet](#)

[Handouts From the Legion of Mary Website Workshop](#)

[Suggested Content for Legion of Mary websites](#)

[Concilium Guidelines](#)

[Legion of Mary Website List](#)

[Suggested Links from Legion of Mary Websites](#)

[Process Guidelines for Legion of Mary Websites](#)

[Example Review Process](#)

[Suggested Process for a Curia Website](#)

[Technical Suggestions for Legion of Mary Websites](#)

Divine Mysteries

Christian Democracy

[CC. p.1]

2. At the very beginning of Our pontificate We clearly pointed out what the peril was which confronted society on this head, and We deemed it Our duty to warn Catholics, in unmistakable language, (1) how great the error was which was lurking in the utterances of socialism, and how great the danger was that threatened not only their temporal possessions, but also their morality and religion...

6. As against this, Christian Democracy, by the fact that it is Christian, is built, and necessarily so, on the basic principles of divine faith, and it must provide better conditions for the masses, with the ulterior object of promoting the perfection of souls made for things eternal. Hence, for Christian Democracy, justice is sacred; it must maintain that the right of acquiring and possessing property cannot be impugned, and it must safeguard the various distinctions and degrees, which are indispensable in every well-ordered commonwealth. Finally, it must endeavor to preserve in every human society the form and the character which God ever impresses on it. It is clear, therefore, that there is nothing in common between Social and Christian Democracy. They differ from each other as much as the sect of socialism differs from the profession of Christianity.

7. Moreover, it would be a crime to distort this name of Christian Democracy to politics, for, although democracy, both in its philological and philosophical significations, implies popular government, yet in its present application it must be employed without any political significance, so as to mean nothing else than this beneficent Christian action in behalf of the people. For, the

laws of nature and of the Gospel, which by right are superior to all human contingencies, are necessarily independent of all particular forms of civil government, while at the same time they are in harmony with everything that is not repugnant to morality and justice. They are, therefore, and they must remain absolutely free from the passions and the vicissitudes of parties, so that, under whatever political constitution, the citizens may and ought to abide by those laws which command them to love God above all things, and their neighbors as themselves. This has always been the policy of the Church. The Roman Pontiffs acted upon this principle, whenever they dealt with different countries, no matter what might be the character of their governments. Hence, the mind and the action of Catholics devoted to promoting the welfare of the working classes can never be actuated with the purpose of favoring and introducing one government in place of another.

8. In the same manner, we must remove from Christian Democracy another possible subject of reproach, namely, that while looking after the advantage of the working people it should seem to overlook the upper classes of society, for they also are of the greatest use in preserving and perfecting the commonwealth. The Christian law of charity, which has just been mentioned, will prevent us from so doing. For it embraces all men, irrespective of ranks, as members of one and the same family, children of the same most beneficent Father, redeemed by the same Saviour, and called to the same eternal heritage. Hence the doctrine of the Apostle, who warns us that "We are one body and one spirit called to the one hope in our vocation; one Lord, one faith and one baptism; one God and the Father of all who is above all, and through all, and in us all."(2) Wherefore, on account of the union established by nature between the common people and the other classes

of society, and which Christian brotherhood makes still closer, whatever diligence we devote to assisting the people will certainly profit also the other classes, the more so since, as will be thereafter shown, their co-operation is proper and necessary for the success of this undertaking.

9. Let there be no question of fostering under this name of Christian Democracy any intention of diminishing the spirit of obedience, or of withdrawing people from their lawful rulers. Both the natural and the Christian law command us to revere those who in their various grades are shown above us in the State, and to submit ourselves to their just commands. It is quite in keeping with our dignity as men and Christians to obey, not only exteriorly, but from the heart, as the Apostle expresses it, "for conscience' sake," when he commands us to keep our soul subject to the higher powers.(3) It is abhorrent to the profession of Christianity that any one should feel unwilling to be subject and obedient to those who rule in the Church, and first of all to the bishops whom (without prejudice to the universal power of the Roman Pontiff) "the Holy Spirit has placed to rule the Church of God which Christ has purchased by His Blood."(4) He who thinks or acts otherwise is guilty of ignoring the grave precept of the Apostle who bids us to obey our rulers and to be subject to them, for they watch as having to give an account of our souls.(5) Let the faithful everywhere implant these principles deep in their souls, and put them in practice in their daily life, and let the ministers of the Gospel meditate them profoundly, and incessantly labor, not merely by exhortation but especially by example, to teach them to others...

11. We have designedly made mention here of virtue and religion. For, it is the opinion of some, and the error is already very common, that the social question is merely an economic one, whereas in point of fact it is, above all, a moral and religious matter, and for that reason must be settled by the principles of morality and according to the dictates of religion. For, even though wages are doubled and the hours of labor are shortened

and food is cheapened, yet, if the working man hearkens to the doctrines that are taught on this subject, as he is prone to do, and is prompted by the examples set before him to throw off respect for God and to enter upon a life of immorality, his labors and his gain will avail him naught....

17. As regards not merely the temporary aid given to the laboring classes, but the establishment of permanent institutions in their behalf, it is most commendable for charity to undertake them. It will thus see that more certain and more reliable means of assistance will be afforded to the necessitous. That kind of help is especially worthy of recognition which forms the minds of mechanics and laborers to thrift and foresight, so that in course of time they may be able, in part at least, to look out for themselves. To aim at that is not only to dignify the duty of the rich toward the poor, but to elevate the poor themselves, for, while it urges them to work in order to improve their condition, it preserves them meantime from danger, it refrains immoderation in their desires, and acts as a spur in the practice of virtue. Since, therefore, this is of such great avail and so much in keeping with the spirit of the times, it is a worthy object for the charity of righteous men to undertake with prudence and zeal...

19. Especially must there be appeals to the kindly assistance of those whose rank, wealth, and intellectual as well as spiritual culture give them a certain standing in the community. If their help is not extended, scarcely anything can be done which will help in promoting the well-being of the people. Assuredly, the more earnestly many of those who are prominent citizens conspire effectively to attain that object, the quicker and surer will the end be reached. We would, however, have them understand that they are not at all free to look after or neglect those who happen to be beneath them, but that it is a strict duty which binds them. For, no one lives only for his personal advantage in a community; he lives for the common good as well, so that, when others cannot contribute their share for the general good, those who can do so are obliged to make up the

deficiency. The very extent of the benefits they have received increases the burden of their responsibility, and a stricter account will have to be rendered to God who bestowed those blessings upon them. What should also urge all to the fulfillment of their duty in this regard is the widespread disaster which will eventually fall upon all classes of society if his assistance does not arrive in time; and therefore is it that he who neglects the cause of the distressed masses is disregarding his own interest as well as that of the community.

20. If this action, which is social in the Christian sense of the term develops and grows in accordance with its own nature, there will be no danger, as is feared, that those other institutions, which the piety of our ancestors have established and which are now flourishing, will decline or be absorbed by new foundations. Both of them spring from the same root of charity and religion, and not only do not conflict with each other, but can easily be made to coalesce and combine so perfectly as to provide, all the better by the pooling of their beneficent efforts, for the needs of the masses and for the daily increasing perils to which they are exposed...

23. The action of Catholics, of whatever description it may be, will work with greater effect if all of the various associations, while preserving their individual rights, move together under one primary and directive force. In Italy, We desire that this directive force should emanate from the Institute of Catholic Congresses and Reunions so often praised by Us, to which Our predecessor and We Ourselves have committed the charge of controlling the common action of Catholics under the authority and direction of the bishops of the country. So let it be for other nations, in case there be any leading organization of this description to which this matter has been legitimately entrusted...

25. There remains one thing upon which We desire to insist very strongly, in which not only the ministers of the Gospel, but also all those who

are devoting themselves to the cause of the people, can with very little difficulty bring about a most commendable result. That is to inculcate in the minds of the people, in a brotherly way and whenever the opportunity presents itself, the following principles; viz.: to keep aloof on all occasions from seditious acts and seditious men; to hold inviolate the rights of others; to show a proper respect to superiors; to willingly perform the work in which they are employed; not to grow weary of the restraint of family life which in many ways is so advantageous; to keep to their religious practices above all, and in their hardships and trials to have recourse to the Church for consolation. In the furtherance of all this, it is of great help to propose the splendid example of the Holy Family of Nazareth, and to advise the invocation of its protection, and it also helps to remind the people of the examples of sanctity which have shone in the midst of poverty, and to hold up before them the reward that awaits them in the better life to come.

26. Finally, We recur again to what We have already declared and We insist upon it most solemnly; viz., that whatever projects individuals or associations form in this matter should be formed under episcopal authority. Let them not be led astray by an excessive zeal in the cause of charity. If it leads them to be wanting in proper submission, it is not a sincere zeal; it will not have any useful result and cannot be acceptable to God. God delights in the souls of those who put aside their own designs and obey the rulers of His Church as if they were obeying Him; He assists them even when they attempt difficult things and benignly leads them to their desired end. Let them show, also, examples of virtue, so as to prove that a Christian is a hater of idleness and self-indulgence, that he stands firm and unconquered in the midst of adversity. Examples of that kind have a power of moving people to dispositions of soul that make for salvation, and have all the greater force as the condition of those who give them is higher in the social scale.

LEO XII

Legion Spirit

Pray the Rosary Daily – Join the Crusade

"We are now engaged in a war against worldwide terrorism perpetrated by those who profess to be Muslims - disciples of Mohammed. The fact that our culture has surrendered so many of its core Christian values to the Culture of Death fuels their determination to convert or destroy us. For that reason, we must take up our most powerful weapon: the Rosary. It has saved us in the past and it can save us now. We must ask Mary for the grace to convert our enemies and ourselves. Our prayers and the intercession of the Immaculate Heart of Mary will help to establish the reign of Christ the King." For more details, go to www.nationalrosarycrusade.com.

Those legionaries praying the Rosary daily (auxiliary members and many active members) are encouraged (strictly on a voluntary basis) to make the pledge. It will be noted that the pledge has been revised to indicate that the signer is a member of the Legion of Mary. This is to let the organizer know that the Legion of Mary prays the Rosary daily and supports the cause.

Taking this pledge is not a substitution for membership to the Rosary Confraternity, but an add-on to it. Those who are not members of the Rosary Confraternity are strongly encouraged to join immediately.

To join the crusade, fill out the form below, cut it out and mail it to:

National Rosary Crusade, 1370 Trancas St., Box 355, Napa, CA 94558-2912

NATIONAL ROSARY CRUSADE PLEDGE

On this day I pledge to join the National Rosary Crusade by praying five decades of the Rosary every day to the Immaculate Heart of Mary in reparation for my sins and the sins of America.

If you are already praying a Rosary a day, just add the intentions of the National Rosary Crusade to that Rosary.

Signature _____
Print Signature _____
Date _____

- Individual - member of the Legion of Mary
 Family: Number of members

Considering that Auxiliary members agree already to pray the Rosary every day, it may be a good idea to invite them to join the crusade also. To facilitate this, after the last page of Mary's Notebook, is a template that can be used to print multiple National Rosary Crusade Pledge Cards.

Written by Dennise Monroe and Chris Miller

Special Excerpt



Richmond Curia
Third Annual Legion of Mary Retreat with
Father Thomas Collins
Topic....Mary, the Humble Handmaid of the Lord

To be Held at.... Mary, Mother of the Church Abbey
12829 River Road, Richmond, VA 23238

Schedule

Friday, 21 November 2008

- | | |
|------------------|--|
| 4:30 – 5:30 p.m. | Evening Prayer and Holy Hour with Benedictine Monks (optional) |
| 5 – 6 p.m. | Dinner
Registration |
| 6:40 p.m. | Legion Prayers and Holy Rosary |
| 7 – 7:45 p.m. | Talk – Father Collins |
| 8:15 p.m. | Catena and Concluding Prayers |

Viewing of Legion of Mary DVD in Abbey Auditorium

Saturday, 22 November 2008

- | | |
|-----------|---|
| 7:00 a.m. | Morning Prayer with Monks |
| 7:30 | Holy Mass |
| 8 – 8:30 | Breakfast |
| 8:40 | Legion Prayers and Holy Rosary |
| 9 – 9:45 | Talk: Father Collins
Period of Questions and Answers |

Period of silent reflection and/or Confession

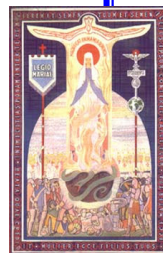
Viewing of Legion of Mary DVD in Abbey Auditorium

- | | |
|-------------|--|
| 12 – 12:15 | Midday Prayers with Monks |
| 12:30 | Lunch |
| 1:45 – 2:30 | Recitation of the Catena Legionis
Final Talk by Father Collins
Period of Questions and Answers |
| 3:00 | Concluding Prayers |

Period of silent reflection and/or Confession

- | | |
|-------------|---|
| 4:30 – 5:30 | Evening Prayer and Holy Hour with Monks |
|-------------|---|

Dismissal – As Jesus said, “Go preach the Gospel to the whole creation...”
Mark 16:15



Cost of Retreat

Meals...only.....\$30.00
Friday, Dinner...\$12
Saturday, Breakfast...\$8
Saturday, Lunch...\$10
☪ ☪ ☪ ☪
Overnight with meals...\$70.00
Room...\$40
Meals as above



Something to consider

from the *Legion Handbook*,
Page 205, *The Interior Life of Legionnaires (a) Prayer*, “Every Legionary should, if at all possible, make an enclosed retreat once every year. The fruit of retreats and recollections is a clearer vision of one’s vocation in life and a brighter willingness to follow it faithfully.”



To reserve space, contact Ronnie
Lauderdale at:
straphael44@yahoo.com

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If you are already praying a Rosary a day, just add the intentions of the National Rosary Crusade to that Rosary.

Signature _____ Print Signature _____ Date _____

Individual - member of the Legion of Mary Family: Number of members

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